



The 45-Minute Weekly Pulse

Dept: _____ Date: _____

Rocks	Notes	Name
Safety: (2 min)		
Customer Issues/Successes: (5-10 min)		
Update on GGOB Mini-Game/Department: (5 min with Scoreboard)		
Product Knowledge: (5 min of something new)		
Engagement (Grow. Own. Best.) (2 min of shoutout)		
Value of the Week: _____ Ways we can deliver on the Value of the Week? (5 min)		

Additional	Notes	Name
MOLO (More Of--Less Of) (5 min)		
Your Two-Cents? (Innovative Ideas to Impact our Financial Goal) (5 min)		
Final Thoughts (Manager/Leader) (5 min)		